



Carer Emergency Planning Service

If you are an unpaid carer, caring for a loved one or friend, it is important to be prepared for every eventuality. If you are ever in an accident, become suddenly unwell or are involved in an emergency, it is essential that you have a plan in place to ensure the person you care for is still looked after and kept safe.

The team at Universal Services for Carers can help you do this.

We will help you complete your very own emergency plan (completely FREE of charge) that details how the person you care for needs to be looked after should an emergency occur. The plan details emergency contact numbers, the names of people that can help, medication information, and the names and numbers of services that support you and the person you care for.

An emergency plan will help you ensure that you are ready for anything unexpected and will help you be certain that the person you care for is properly looked after in your absence.

As part of this service, you will also be issued with a handy *Carer Emergency Card* that identifies you as a carer and has the name of a person that can help look after the person you care for in an emergency situation. You can then carry this card in your wallet or purse. The emergency services also know to look for this card, should they ever need to come out to you.

To book an appointment to complete an emergency plan, contact our help-line on 01332 228777 or email us at carers@citizensadvicemidmercia.org.uk