# THE BRIMINGTON SURGERY NEWSLETTER

SPRING UPDATE 2025

www.brimingtonsurgery.co.uk

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HELP FUND A PUBLICLY ACCESSIBLE DEFRIBRILATOR We are fundraising to install an externally placed

defibrillator - Can you help?

It could be as easy as popping in to make a donation or buying a book from our book stall?



We are open to all reasonable suggestions!



Many of you may know by now that Dr Fordham is retiring in March this year. She has been a Partner at the practice since 1998. We know that staff and patients will really miss her - I am sure you will wish her well on her new adventures!

We are delighted to announce that Dr Thomas Ronan will be joining the Partnership from April.

Drs Bellingham, Hardwick and James have all now returned from maternity leave and Dr Pemberton (was Roberts) is currently on maternity leave - Congratulations to you all on the births of your babies!

### Welcome to our Pharmacy Team!

We have two clinical Pharmacists working at the Practice, Elisha and Munashe. Their main role is to review patient medication, making sure that the patient is getting the most out of their treatment. This means a Pharmacist might recommend you try a new medication, take it differently, or even stop taking it all together.

Our PCN Pharmacy Lead, Adam, is an experienced Diabetes Pharmacist, he holds a weekly Diabetic review clinic and supports both Elisha and Munashe with their training.

We also have a Pharmacy Technician, Sheralyn. Her main role is to ensure medication changes are actioned accurately when patients have been discharged from hospital. She also supports the team when there are supply or usage issues.



Dr Rebora will be moving to pastures new in April and we wish her all the best Our Community Matron, Fran, is retiring this Spring having been at the surgery for over 30 years!



We are really happy to announce that our nursing team will soon be up to full strength with the addition of Senior Practice Nurse Sarah and new Practice Nurse Laura - we know they will be a great asset to us all!

# PLEASE REMEMBER TO CANCEL YOUR APPOINTMENT IF YOU CAN NOT ATTEND:

Phone the surgery main line or just leave us a message on 01246 212 840

## <u>Vaccination Campaigns</u>

#### **Shingles vaccine**

This vaccine helps protect against shingles.

Who should have the shingles vaccine:

- People who turn 65 on or after 1 September 2023
- People aged 70 to 79
- People aged 50 and over with a severely weakened immune system

#### Pneumococcal vaccine

This vaccine helps protect against serious illnesses like pneumonia and meningitis.

It is recommended for:

- People aged 65 and over
- Children and adults at higher risk of getting seriously ill

#### <u>RSV vaccine</u>

This vaccine helps protect against respiratory syncytial virus (RSV), a common virus that can make babies and older adults seriously ill.

The RSV vaccine is recommended if:

you are pregnant (from 28 weeks onwards) to help protect your baby
you are aged 75 to 79

If you turned 80 **AFTER** 1 September 2024, you **are** eligible for the RSV vaccine until 31 August 2025.

You are not eligible for the RSV vaccine if you turned 80 on or before 1 September 2024.

## Contact Details

Please make sure we have your correct contact details, particularly your mobile number.



We frequently send appointment reminders and other information via text.

Also we may need to contact you at short notice.

If you wish to opt out of text messages please let us know!

## For any of these vaccinations,

please speak to our Patient Support Team to book!

#### Bowel cancer screening

Bowel cancer screening is currently offered to everyone aged 54 to 74 every 2 years. It will soon be offered to everyone aged 50 to 74, so you may be sent a home test kit now if you're aged 50 or over.

This is because your risk of getting bowel cancer gets higher as you get older.

You can also get screening for bowel cancer every 2 years if you're aged 75 or over, but you need to call the

Bowel cancer screening helpline on 0800 707 6060 and ask for the test.

If you think you're eligible for bowel cancer screening but you've not been invited, or had your test kit, call the bowel cancer screening helpline on 0800 707 6060.