**THE**

**BRIMINGTON**

**SURGERY**

TRAVEL HEALTH PROTOCOL

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| Reviewed | March 2025 – move to V2 |
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| Reviewed by | Lisa Baldran |
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Travel Protocol

Patients enquiring about travel assessments and/or travel vaccinations are to be given the leaflet at the end of this document or told to visit our website.

The document/website directs them to Vaccination centres or reputable advice websites.

We DO NOT undertake travel assessments.

Once they have been assessed at the centre of their choice or have self assessed via a recommended website, they can opt to have the vaccinations that are free on the NHS at the surgery.

They can book an appointment of 15 minutes duration for these – this allows the time for the nurse to review the travel centre's recommendations and administer the NHS available jabs.

Patients are advised to inform the patient Support Team that the appointment is for travel vaccinations and the team member is to enter this along with the destination country. Also to bring the information from the private clinic or online self-research.

If the travel date is within SIX weeks we will be unable to do the vaccinations and the patient is to be advised to attend a private travel clinic.

The following websites can be used for information if required

[www.nathnac.org](http://www.nathnac.org)

[www.travax.nhs.uk](http://www.travax.nhs.uk)

[www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)

[www.travelhealthpro.org.uk](http://www.travelhealthpro.org.uk)

https://www.brimingtonsurgery.co.uk/edit/travel-health

**Where are my nearest Travel Clinics?**

Boots Chesterfield
35-37 Low Pavement
Chesterfield S40 1PB

<https://www.boots.com/vaccinations/travel-vaccination-health-advice-service>

Superdrug

Sheffield Fargate

33-35 Fargate

Sheffield S1 2HD

<https://healthclinics.superdrug.com/travel-clinic/>

Rowlands Pharmacy

2 Town End

Bolsover

CHESTERFIELD

Derbyshire

S44 6DT

<https://rowlandspharmacy.co.uk/travel-health-and-vaccination-service>

*We are unable to endorse any private services – these are a selection of local providers.*

*March 2025 V2.1*

**THE BRIMINGTON SURGERY**

**PATIENT INFORMATION**

**TRAVEL VACINATIONS**



If you are planning to travel outside the UK you may need to be vaccinated against some of the serious diseases found in other parts of the world.

In the UK, the NHS routine vaccination schedule protects you against a number of diseases but does not include infections such as Yellow Fever, Cholera, Typhoid and Hepatitis A.

**When should I start thinking about the vaccines I need?**

Some vaccines need to be given well in advance to allow your body to develop immunity.

Some vaccines involve a number of doses spread over several weeks or months.

You may be more at risk of some diseases, for example, if you are:

* Travelling in rural areas
* Backpacking
* Staying in hostels or camping
* On a long trip rather than a package holiday

***Please note that if your holiday is in the next SIX weeks we will be unable to undertake your vaccinations at the surgery***.

If you have a pre-existing health problem, this may make you more at risk of infection of complications from a travel related illness.

**What vaccinations are free on the NHS?**

The vaccinations that are free on the NHS and available at this surgery by appointment:

* Polio (given as a combined diphtheria, tetanus, polio vaccination)
* Diphtheria (as above)
* Typhoid
* Hepatitis A
* Cholera

**What vaccinations would I need to pay for?**

The vaccinations that are given privately are:

* Hepatitis B
* Japanese encephalitis
* Meningitis vaccines
* Rabies
* Tick-born encephalitis
* Tuberculosis (TB)
* Yellow Fever

*Please note that this list may not be exhaustive.*

**How can I find out more?**

You can find out which vaccinations are necessary or recommended for your destination on these websites:

[www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)

[www.travelhealthpro.org.uk](http://www.travelhealthpro.org.uk)

Or make an appointment at your local travel clinic *(listed overleaf).*

**What do I do next?**

Access one of the websites given and check what vaccines are recommended or contact one of the travel clinics listed overleaf.

THEN, if you require any of the NHS vaccinations, please contact us to book in with a nurse and inform the patient support team member that it is for travel vaccinations

If you need any of the vaccinations NOT available on the NHS or need a combination or require more advice then please contact a travel clinic.